

IT'S NOT VERY OFTEN YOU CAN ENJOY THE MIND AND THE BODY. WHAT A THRILL!  
IT'S BEEN



# CAMP KIDS GYM SUMMER HANDBOOK

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SUMMER CAMP 2023



AGES TWO - 5TH GRADE

**PLEASE REGISTER AT MYPROCARE.COM FOR ACCOUNT INFORMATION, BILLING AND TO UPDATE PICK UP AND OR EMERGENCY CONTACTS.**

## **THANK YOU FOR CHOOSING CAMP KIDS GYM FOR YOUR ADVENTURES THIS SUMMER!**

Our goal is to have a fun, safe, educational and active summer! Rest easy knowing your child is in good hands! **Listed below are guidelines, policies and procedures for the Summer Camp Program.**

### **Safety**

1. Campers will only be released to parents, a person listed on your child's Application for Enrollment or listed in our computer systems. Please make sure that anyone picking up the child has a proper ID.
2. Parents are required to come to the front office and sign each camper in and out every day. This is VERY important; we need to keep a current number of students. Campers are to only enter and exit through the secured white door, NEVER through the gym door.
3. Please provide your camper with a labeled water bottle daily. Clothing should be comfortable and loose fitting to provide campers ample movement in the gym.
4. At first mornings are busy and can sometimes seem a bit chaotic. Upon arrival, check in at the front office to determine where your child's classroom is located.

### **Payment**

1. Upon enrollment, A Kids Gym will collect a \$50 registration fee. Non-refundable Registration fees are applied to each camper individually it includes any camp days available during the calendar year.
2. A \$20 deposit per week per child is required to hold your child's spot each week. This amount is deducted from the weekly tuition.
3. To make changes to weeks your child's schedule, a 2 weeks written notice must be provided to have your deposit applied to the last week you are attending camp. If you do not show up or you fail to provide 2 weeks written notice, your deposit will be forfeited and you are responsible for tuition whether your child/ren attends or not. A form can be provided at the front desk for any and all changes. Office is open Mon-Fri 7am-6:30pm ALL CHANGES MUST BE APPROVED WITH BILLING SPECIALIST. Teachers are not responsible for changes. No refunds will be given, and due to ratios, we will not be allowed to offer any makeups.
4. The balance of your tuition will autobill the Monday morning of each week. If payment is not paid by close of business Tuesday, a \$10 late fee, per child, will be added to your account. If payment is not received in full by Wednesday, your child will be denied entrance to Camp Kids Gym.
5. Camp hours vary. Parents must adhere to the schedule that they have signed up for. Additional charges will be applied if you pick your child up later than the time indicated on your initial enrollment. Children may not arrive earlier than their scheduled time. Late fees will be charged at \$2 per minute after 5 minutes of late arrival.



**School Age Campers (1st-5th grade) have a weekly update to keep you informed on each week's field trip and itenary at the front desk.**

### **Discipline Procedure**

Any unsafe behavior will be discussed with each child's parents; we will work together for a solution. Any behavior that is destructive or harms other campers/staff will not be tolerated and we may need to suspend the camper from our program. Camp Kids Gym is very active and structured which may or may not be the right environment for all. A Kids Gym reserves the right to discontinue enrollment, with or without notice, based on a child's behavior and safety of other students and staff.

# **For Preschool Age Participants Only (Age 2 thru Entering K)**

**A Kids Gym offers a variety of science, art, math and gym learning activities included with your tuition continuing all summer long!**

Weekly themes are like mini trips into creative worlds of fun!

Alternative indoor activities are planned in case of rain.

1. Camp Kids Gym will provide a morning and afternoon snack. Most days campers will eat lunch in their classroom. Please, pack your child's lunch in a cooler type lunch box, we do not have refrigeration options. Sometimes we have picnics too!
2. Download the Procure App via our invite for classroom communications, pictures and other things. Reminder - teachers have a "kids first" mentality and may not respond. In the case of urgent communication please call the school directly.
3. [WWW.AKIDSGYM.COM/PARENT-INFO](http://WWW.AKIDSGYM.COM/PARENT-INFO) : Find more information and FAQ.

## **CAMP KIDS GYM SPIRIT FRIDAY-**

- Camp Kid Shirts - Dry Fit Swim shirts are available - \$20.00 / Cotton shirts - \$15.00

## **CAMPER -WHAT TO BRING OR WEAR**

- **Closed Toed Shoes and Work Out/Gym Appropriate Attire**
- **Water Bottle Labeled First and Last Name**
- **Cooler Packed Lunch Box and Backpack**
- **Change of Clothes in their backpack - atleast two underpants please.**

## **Diapers/Potty Training**

- **Up to 20 Diapers or Pull ups, Wipes, and Diaper Creme (Keep in mind - we change students when soiled or every two hours.)**
- **Please provide 1 pack of wipes a week to share amongst the class.**



**EVERY FRIDAY IS CAMP SHIRT SPIRIT DAY!**

**GET YOUR CAMP KIDS GYM SHIRTS AT THE FRONT DESK!**



# **For School Age Participants Only (Entering 1st thru 5th Grade)**

**A Kids Gym offers a variety of field trips included in your tuition and also an optional Parent Paid trip.**

Weekly field trip itinerary/schedule that will outline the week's trips, including cost and requirements.

**Parent Paid trips are optional, any other trip is not optional. You must confirm and pay for your child's participation in the Parent Paid trip the Wednesday prior due to limited space.** Alternative activities at the gym will be provided to children choosing not to participate on the Parent Paid trips days ONLY.

**1.** Most days we eat lunch off site from Camp Kids Gym. Parents please, pack your child's lunch in a cooler type lunch box. Children will carry their lunch with them when on field trips. Hint: Frozen water bottles and yogurts make a great ice packs.

**2.** Field trip schedules are provided to parents detailing the days and times of the field trips. All children **MUST** purchase and wear yellow Camp Kids Gym shirt for all field trips.



**3.** Weekly News Updates are provided with camp and field trip information – these can be found at the front desk.

## **Other Camper Information -**

- Weekly Field Trips (Campers must register for 3 or more full days to go on Big Trips)
- Enrolled campers have to adhere to age groups and field trip schedules due to staffing.
- Camp Kid Shirts – Dry Fit Swim shirts are available – \$20.00 / Cotton shirts – \$15.00
- Most field trips days campers will be away from the building approximately 9-2:00, unless otherwise noted on Trip Calendar.
- Campers will swim in AKG shirts, if possible send change of clothes with AKG shirt for wet Field trip days. Larger drawstring bags and backpacks work best; cooler style lunch totes help keep food cold.
- Counselors encourage sunscreen but CANNOT apply it. Please apply this at home before arriving to camp. We do our best to ask them to reapply.

## **WHAT TO BRING**

- **CLOSE TOED SHOES & CAMP KIDS GYM SHIRT - YELLOW**
- **COOLER PACKED LUNCH BOX AND BACKPACK LABELED WITH FIRST AND LAST NAME**
- **WATER BOTTLE LABELED WITH FIRST AND LAST NAME**
- **EASY TO APPLY SUNSCREEN AND TOWEL ON WATER DAYS**
- **PROPER BEHAVIOR AND SMILES!**

## **WHAT NOT TO BRING**

- **ELECTRONICS, POKEMON CARDS OR ANY TOYS FROM HOME.**
- **FOR CAMPER SAFETY - WE DO NOT ALLOW CAMPERS CELL PHONE USE AT CAMP KIDS GYM.**



# 1st - 5th Grade 2023 Field Trip Calendar

## SUBJECT TO CHANGES!!

### Copies can be found at the front desk

1495 Evans St. Suite 400 Oviedo, FL 32765 407-365-6800				
MAY - JUNE				
THEME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Week 1 Sunshine and Rain	Camp is Closed	Camp is Closed	1st - 5th Trip to the Movies Course	1st - 5th Daytona Lagoon Water Park & Ropes Course \$35
Week 2 Power Up	1st - 2nd Trotwood Splash Pad Winter Springs 10a - 2p Bounce House @ A Kids Gym	3rd - 5th Trip to the Movies 9a - 2pm 1st - 2nd Drum Circle @ A Kids Gym	1st - 2nd Trip to the Movies 9a - 2pm 3rd - 5th Drum Circle @ A Kids Gym	1st - 5th Wonder Works with 9:30am - 5:00pm \$30
Week 3 Campin' Out	3rd - 5th Trotwood Splash Pad Winter Springs 10a - 2p	3rd - 5th Trip to the Movies 9a - 2pm 1st - 2nd Big Fools Revenge Escape Room	1st - 2nd Trip to the Movies 9a - 2pm 3rd - 5th w/ Splash Zone in the Park Big Fools Revenge Escape Room 9a - 11:30a	1st - 2nd Trip to the Movies 9a - 2pm 3rd - 5th Central Florida Zoo Splash Zone & Lunch
Week 4 Escape Room	1st - 2nd Torcaso Splash Park Winter Springs 10a - 2p	3rd - 5th Trip to the Movies 9a - 2pm 2pm Spy Games Escape Room @ A Kids Gym	1st - 2nd Trip to the Movies 9a - 2pm 3rd - 5th H2O Water Park RDV 3:00-6:00pm Spy Games Escape Room @ A Kids Gym	1st - 5th 3:00am - 5:30pm \$38
Week 5 Temple of Doom	1st - 2nd Bowling 9a - 2pm	3rd - 5th Trip to the Movies 9a - 2pm 2pm Mud Run @ A Kids Gym - 2nd	1st - 2nd Trip to the Movies 9a - 2pm 3rd - 5th Mud Run @ A Kids Gym	1st - 5th Planet Obstacle 9:30am - 5:00pm \$30

Please make sure your child has a **lunch** and **water bottle** every day, unless noted that lunch is included in field trip price. They will also need an A Kids Gym summer **camp shirt** for **EVERY** field trip. **Sunscreen**, a **towel**, **bathing suit** and a **change of clothes** are needed for all water trips. Please check your update for the departure times so your child doesn't miss the bus.

**Weekly field trips are NOT an option, except the parent paid trip.** Campers must go on all other trips. Care is not available for a camper to stay back when their group is on fieldtrip.

Updates are available on Wednesdays for the following week. To avoid money going missing, all spending money is to be in a ziplock bag, with your child's name on it, and given to the front desk.

JULY					
THEME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 6 Time Bandits	3	4	5	6	7
	CAMP IS CLOSED	CAMP IS CLOSED	1st - 5th Trip to the Movies 9a - 2pm Sock Hop @ A Kids Gym	1st - 5th Brevard Zoo with Train ride & Splash Pad 9:30am-5:30pm \$30	3rd - 5th Roller Skating 10:00-2:00
Week 7 Mystery Island	10	11	12	13	14
	3rd - 5th Trail Blazer Splash Pad Lake Mary 9a - 2p	3rd - 5th Trip to the Movies 9a - 2pm 2pm 1st Bubble Party @ A Kids Gym	1st - 2nd Trip to the Movies 9a - 2pm 3rd - 5th Park in the Park Haunted Water Park Escape Room @ A Kids Gym	1st - 2nd Coco Key Water 9:30am-5:00pm 3rd and Up \$45 Aquatic Center lunch 9a - 11:30a	Splash Zone & Lunch
Week 8 Lunar Cave	17	18	19	20	21
	1st - 2nd Trail Blazer Splash Pad Lake Mary 9a - 2p	3rd - 5th Trip to the Movies 9a - 2pm 1st - 2nd Glow in the Dark Dance Party @ A Kids Gym	1st - 2nd Trip to the Movies 9a - 2pm 3rd - 5th Glow in the Dark Dance Party @ A Kids Gym	1st - 5th 9:30am-4:00pm \$30 9a - 2pm	Science Center 3rd - 5th Bowling
Week 9 Color Me Happy	24	25	26	27	28
	1st - 2nd Bowling 9a - 2pm	3rd - 5th Trip to the Movies 9a - 2pm 2pm 1st Color Wars @ A Kids Gym	1st - 2nd Trip to the Movies 9a - 2pm 3rd - 5th Color Wars @ A Kids Gym	1st - 5th 8:30am-3pm \$25 Aquatic Center 9a - 11:30a	1st - 2nd Splash Zone & Lunch in the Park 3rd and Up
AUGUST					
Week 10 Deep Water Rescue	31	1	2	3	4
	1st - 2nd Favorite Splash Pad 9a - 2p	1st - 5th Foam Party @ A Kid's 1p-2p	1st - 5th Trip to the Movies 9a - 2pm Deepwater Rescue Escape Room @ A Kids Gym	1st - 5th Sea Life Orlando Aquarium and Wax Museum 9:30am-5pm \$34	1st - 5th Splash Zone & Lunch in the Park
Week 11 Skool is Cool	7	8	9	10	11
	1st - 5th Bowling 9a - 2pm 1st - 5th Ice Cream Party Water Day	1st - 5th Trip to the Movies 9a - 2pm	LAST DAY OF house Fun Day		

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1ST-5TH GRADE • AKIDSGYM.COM/CAMPS • 407-365-6800

## CAMP KIDS GYM

### SUMMER UPDATE

#### WEEK 1 • MAY 31- JUNE 2

THEME - SUNSHINE AND RAIN

Week 1 Field Trip Schedule

MONDAY CAMP CLOSED  
TUESDAY CAMP CLOSED  
WEDNESDAY 9:00-2:00  
1st-5th Movie Croods: The New Age  
Summer KICK OFF Pizza Party  
3:30-5:00pm  
THURSDAY 9:30-5:30  
Daytona Lagoon  
Water Park & Rope Course - \$35  
FRIDAY 9:00-2:00  
1st-5th Bowling

OPTIONAL BIG TRIP - \$35  
DAYTONA LAGOON  
water park and rope course

Remember....

- BRING REFILLABLE WATER BOTTLE EVERYDAY - PUT NAME ON IT
- LUNCH IS BEST IN COOLER STYLE LUNCHBAG, ICE PACK, UTENSILS
- CLOSE TOED SHOES
- CAMP AKG SHIRT ON ALL FIELD TRIP DAYS
- AKG SWIM SHIRTS ARE BEST FOR WET DAYS
- CAMPERS MUST GO ON THEIR AGES DAILY SMALL TRIPS
- LEAVE ALL EXTRA TOYS AND PERSONAL ITEMS AT HOME
- SUNSCREEN, A TOWEL, BATHING SUIT AND DRY KIDS' GYM SHIRT ARE NEEDED FOR ALL WATER TRIPS
- ALL SPENDING MONEY IS TO BE IN A ZIPLOCK BAG, WITH YOUR CHILD'S NAME ON IT, AND GIVEN TO THE FRONT DESK

Campers name on EVERYTHING!!!

2023 Weekly Updates  
WEEKLY UPDATES LOOK LIKE THIS!  
Copies can be found at the front desk  
THIS IS AN EXAMPLE FOR WEEK 1

Be sure to sign up for the Thursday trip by Wednesday!



# 1ST-5TH GRADE

## ARE YOU READY FOR

# ADVENTURE?

### **WEEK 1** *Daytona Lagoon*

BOWLING, MOVIES & SUMMER  
KICKOFF PIZZA PARTY

### **WEEK 2** *Wonder Works*

SPLASH PAD, SWIMMING & MOVIES

### **WEEK 3** *Central Florida Zoo*

SPLASH PAD, ESCAPE ROOM SWIMMING  
& MOVIES

### **WEEK 4** *H2O Water Park*

ICE SKATING, ESCAPE ROOM SPLASH PAD  
& MOVIES

### **WEEK 5** *Planet Obstacle*

BOWLING, SWIMMING, SPLASH PAD,  
MOVIES & MUD RUN

### **WEEK 6** *Brevard Zoo*

SOCK HOP, ROLLER SKATING & MOVIES

### **WEEK 7** *Coco Key Water Park*

SPLASH PAD, BUBBLE PARTY, ESCAPE  
ROOM, SWIMMING & MOVIES

### **WEEK 8** *Science Center*

GLOW IN THE DARK PARTY, BOWLING,  
SPLASH PAD & MOVIES

### **WEEK 9** *Crayola Experience*

SPLASH PAD, COLOR WARS, ESCAPE ROOM,  
BOWLING & MOVIES

### **WEEK 10** *Sea Life Orlando & Wax Museum*

ESCAPE ROOM, BOWLING & MOVIES

### **WEEK 11** *Kids Gym Fun*

ICE CREAM PARTY, WATER DAY & MOVIES

Pack their lunches and sign up for **CAMP KIDS GYM!**  
Our Summer Field Trip List is packed with fun! With beautiful scenery and  
exciting destinations, **CAMP AKG** is the perfect way to enjoy this summer!

**CAMPERS MUST WEAR CAMP KIDS GYM SHIRTS!!!**  
**AVAILABLE AT THE FRONT DESK!**

# 407.743.6114

