

# SMART START GYM PROGRAM

Having fun at



## MOVEMENT AND BRAIN DEVELOPMENT CLASSES

Activities that give children the BEST foundation for the future learning. Building Brain Power in the early years, based on research about how children learn.

Smart Start Gym Program provides active and appropriate movement opportunities that enable your baby, toddler, and pre-school aged child to explore, develop, practice and refine skills essential for healthy neurological and physical development. The structured program is based on 30 years of research and is designed to ensure your child develops these essential foundations. Smart Start classes are curriculum based, age appropriate and loads of fun! Bring your child along to crawl, creep, jump, hop, swing, roll, hang, climb, sing and dance their way to a healthy physical, social, emotional and intellectual Smart Start. Setting foundations for learning, literacy and loving life.

Parent Child	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Brain Babies</b> 4 months-walking		9:15-10:00 AM			
<b>Trekkers</b> walking-22 months	9:15-10:00 AM		10:00-10:45 AM 5:45-6:30 PM	10:00-10:45 AM 5:45-6:30 PM	9:15-10:00 AM
<b>Explorers</b> 22 -36 months	10:00-10:45 AM		9:15-10:00 AM 5:45-6:30 PM	9:15-10:00 AM 5:45-6:30 PM	9:15-10:00 AM 10:00-10:45 AM
<b>Puddle Jumpers</b> 2.5 - 3.5 Years	10:00-10:45 AM		9:15-10:00 AM 5:45-6:30 PM	9:15-10:00 AM 5:45-6:30 PM	10:00-10:45 AM

**\$65 a MONTH**  
One 45 Min Class  
**\$80 Unlimited**  
Any 45 Min Class  
Pay Early \$5 Off

**OPEN PLAY**  
**Friday**  
**5:00-6:30PM**  
Free For Little Learners

An introduction to gymnastics (it's terminology as well as specific skills) is combined with movement education to make for a well-balanced smart start. These well planned classes offer your child increased listening skills, enhanced motor coordination and self esteem for all sports...plus LOTS of FUN!

**First Class Trial**  
No Contract  
Two Week Drop Notice

<b>Free Wheelers</b> 3.5-5 Years (Not Unlimited)	9:30-10:15 AM 2:00-2:45 PM 3:45-4:30 PM		3:45-4:30 PM 5:45-6:30 PM	2:00-2:45 PM 4:45-5:30 PM 5:45-6:30 PM	
Free Wheelers is once a week with low ratios to enhance learning!					
Tuition : \$65 One Class a Month \$80 Unlimited Parent Child Class Option			Annual Registration \$36 \$5 Off when Paid By The First		

- Appropriate Early Experiences
  - Sensory Exploration
  - Meaningful Content
  - Repetition
  - Active Exploration
- 407.365.6800 [www.akidsgym.com](http://www.akidsgym.com)

WHAT HAPPENS IN THE FIRST YEARS OF LIFE NOT ONLY MATTERS, IT MATTERS ALOT!