

# SMART START GYM PROGRAM



## MOVEMENT AND BRAIN DEVELOPMENT CLASSES

Activities that give children the BEST foundation for the future learning. Building Brain Power in the early years, based on research about how children learn.

Smart Start Gym Program provides active and appropriate movement opportunities that enable your baby, toddler, and pre-school aged child to explore, develop, practice and refine skills essential for healthy neurological and physical development. The structured program is based on 30 years of research and is designed to ensure your child develops these essential foundations. **Smart Start** classes are curriculum based, age appropriate and loads of fun! Bring your child along to crawl, creep, jump, hop, swing, roll, hang, climb, sing and dance their way to a healthy physical, social, emotional and intellectual **Smart Start**. Setting foundations for learning, literacy and loving life.

Parent Child	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Brain Babies</b> 4 months-walking		9:15-10:00 AM			
<b>Trekkers</b> walking-22 months	9:15-10:00 AM		10:00-10:45 AM 5:45-6:30 PM	10:00-10:45 AM 5:45-6:30 PM	9:15-10:00 AM
<b>Explorers</b> 22 -36 months	10:00-10:45 AM		9:15-10:00 AM 5:45-6:30 PM	9:15-10:00 AM 5:45-6:30 PM	9:15-10:00 AM 10:00-10:45 AM
<b>Puddle Jumpers</b> 2.5 - 3.5 Years	10:00-10:45 AM		9:15-10:00 AM 5:45-6:30 PM	9:15-10:00 AM 5:45-6:30 PM	10:00-10:45 AM

**\$65 a MONTH**  
**\$80 Unlimited**  
**Pay Early \$5 Off**

**OPEN PLAY**  
**Friday**  
**5:00-6:30PM**

**First Class Trial**  
**NO Contract**  
**Two Week Notice To Drop**

An introduction to gymnastics (it's terminology as well as specific skills) is combined with movement education to make for a well-balanced smart start. These well planned classes offer your child increased listening skills, enhanced motor coordination and self esteem for all sports...plus LOTS of FUN!

<b>Free Wheelers</b> 3.5-5 Years (Not Unlimited)	9:30-10:15 AM 2:00-2:45 PM 3:45-4:30 PM		3:45-4:30 PM 5:45-6:30 PM	2:00-2:45 PM 4:45-5:30 PM 5:45-6:30 PM	
Tuition : \$65 Month		Annual Registration \$36			
\$5 Off when Paid By The First		Unlimited Classes Option One Low Price			

Appropriate Early Experiences

Meaningful Content

Sensory Exploration

Repetition

Active Exploration

[www.akidsgym.com](http://www.akidsgym.com)

WHAT HAPPENS IN THE FIRST YEARS OF LIFE NOT ONLY MATTERS, IT MATTERS ALOT!

Having fun at



\$36.00 Annual Registration Fall 2017

\$5 OFF Tuition Paid Before the First Each Month

10% Discount Off Second Class or Child

Start Any Time Prorations

Family Unlimited \$165 Single Unlimited \$135

### GIRLS GYMNASTICS

#### Jr Stars Level I 5, 6, 7 Years Old

Monday 3:45-4:40 PM  
 Tuesday 4:45-5:40 PM C  
 Wednesday 3:45-4:40 PM  
 5:45-6:40 PM C  
 Thursday 3:45-4:40 PM  
 6:30-7:25 PM C

#### Bronze Stars Level I 7+ Yrs Old

Monday 3:45-4:40 PM  
 4:45-5:40 PM II  
 Tuesday 3:45-4:40 PM II  
 4:45-5:40 PM C

Wednesday 3:45-4:40 PM  
 5:45-6:40 PM C  
 Thursday 6:30-7:25 PM C

#### Silver Stars Level II By Invite

Monday 5:45-6:40 PM  
 Tuesday 3:45-4:40 PM  
 5:45-6:40 PM II  
 Wednesday 4:45-5:40 PM  
 Thursday 3:45-4:40 PM  
 5:45-6:40 PM

TUITION \$65.00 PER MONTH

### BOYS GYMNASTICS

#### Jr Boys 5-7 Years Old

Monday 4:45-5:40 PM  
 Thursday 4:45-5:40 PM

#### Boys I 7+ Years Old

Tuesday 3:45-4:40 PM

#### Boys II

Monday 4:45-5:40 PM  
 Tuesday 4:45-5:40 PM

#### Boys III/IV

Tuesday 4:45-5:40 PM

TUITION \$65.00 PER MONTH

TRY A  
FREE CLASS  
407.365.6800

FREE FAMILY GYM  
FRIDAY

5:00-6:30PM

### TRAMP N TUMBLE

#### Level I No Experience

Monday 5:45-6:40 PM  
 Tuesday 5:45-5:40 PM

#### Level II Cartwheel

Wednesday 4:45-5:40 PM  
 Thursday 4:45-5:40 PM

#### Level III BaskHandSpring

Thursday 6:30-7:45 PM

TUITION \$65.00 PER MONTH

### RASCALS PERFORMANCE SQUAD

PeeWee Squad Ages 5+  
 Junior Squad Ages 7+

Monday 5:45-6:45 PM

Additional Uniform and Team Fees Throughout the Year

TUITION \$65.00 PER MONTH  
ADD ON TUMBLING CLASS \$35 A MTH

### ADVANCED GYMNASTICS

#### Gold Level III By Invite

Tuesday 5:45-7:00 PM  
 Wednesday 6:30-7:45 PM

#### Sapphire Level VI By Invite

Tuesday 6:30-7:45 PM  
 Wednesday 6:30-7:45 PM

#### Diamond Level V By Invite

Tuesday 6:30-7:45 PM  
 Wednesday 6:30-7:45 PM

TUITION \$85.00 PER MONTH: UNLIMITED \$185

Two Weeks Notice To Drop  
All Make Ups Must Be Scheduled